

Healing Stories for All Ages

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The Heart and the Bottle Hardcover by Oliver Jeffers

www.amazon.com/dp/0399254528/ref=wl_it_dp_v_nS_ttl?encoding=UTF8&colid=39N5UTK7073E6&coliid=I39H1CD8U7FEMU

There is a wonder and magic to childhood. We don't realize it at the time, of course . . . yet the adults in our lives do. They encourage us to see things in the stars, to find joy in colors and laughter as we play. But what happens when that special someone who encourages such wonder and magic is no longer around? We can hide, we can place our heart in a bottle and grow up . . . or we can find another special someone who understands the magic. And we can encourage them to see things in the stars, find joy among colors and laughter as they play. . . . Oliver Jeffers delivers a remarkable book, a tale of poignancy and resonance reminiscent of *The Giving Tree* that will speak to the hearts of children and parents alike.

Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids by Carol McCloud (Author), David Messing (Illustrator)

www.amazon.com/Have-Filled-Bucket-Today-Bucketfilling/dp/099609993X/ref=dp_ob_title_bk

This heartwarming book encourages positive behavior by using the concept of an invisible bucket to show children how easy and rewarding it is to express kindness, appreciation and love by "filling buckets." Updated and revised, this 10th anniversary edition will help readers better understand that "bucket dipping" is a negative behavior, not a permanent label. It also explains that it's possible to fill or dip into our own buckets.

The Invisible String by Patrice Karst (Author), Geoff Stevenson (Illustrator)

www.amazon.com/dp/0875167349/ref=wl_it_dp_v_nS_ttl?encoding=UTF8&colid=

"That's impossible", said twins Jeremy & Liza after their Mom told them they're all connected by this thing called an Invisible String. "What kind of string"? They asked with a puzzled look to which Mom replied, "An Invisible String made of love." . . . *The Invisible String* is a very simple approach to overcoming the fear of loneliness or separation . . . and reminding children (and adults!) that when we are loved beyond anything we can imagine. "People who love each other are always connected by a very special String, made of love. Even though you can't see it with your eyes, you can feel it deep in your heart, and know that you are always connected to the ones you love."

The Tree Lady: The True Story of How One Tree-Loving Woman Changed a City Forever by H. Joseph Hopkins (Author), Jill McElmurry (Illustrator)

www.amazon.com/dp/1442414022/ref=wl_it_dp_v_nS_ttl?encoding=UTF8&colid=39N5UTK7073E6&coliid=I3KSLQXOD3KKG5

Unearth the true story of green-thumbed pioneer and activist Kate Sessions, who helped San Diego grow from a dry desert town into a lush, leafy city known for its gorgeous parks and gardens.

Rachel Carson and Her Book That Changed the World by Laurie Lawlor (Author), Laura Beingessner (Illustrator)

www.amazon.com/dp/0823431932/ref=wl_it_dp_v_nS_ttl?encoding=UTF8&colid=39N5UTK7073E6&coliid=IC0PT8Z5WS60X

"Once you are aware of the wonder and beauty of earth, you will want to learn about it," wrote Rachel Carson, the pioneering environmentalist. She wrote "Silent Spring," the book that woke people up to the harmful impact humans were having on our planet.

Seeds of Change: Wangari's Gift to the World by Jen Cullerton Johnson (Author), Sonia Lynn Sadler (Illustrator)

www.amazon.com/dp/160060367X/ref=wl_it_dp_v_nS_ttl?encoding=UTF8&colid=39N5UTK7073E6&coliid=I65QABJFTQFZ6

As a young girl in Kenya, Wangari was taught to respect nature. She grew up loving the land, plants, and animals that surrounded her -from the giant mugumo trees her people, the Kikuyu, revered to the tiny tadpoles that swam in the river. Although most Kenyan girls were not educated, Wangari, curious and hardworking, was allowed to go to school. There, her mind sprouted like a seed. She excelled at science and went on to study in the United States. After returning home, Wangari blazed a trail across Kenya, using her knowledge and compassion to promote the rights of her countrywomen and to help save the land, one tree at a time. *Seeds of Change: Planting a Path to Peace* brings to life the empowering story of Wangari Maathai, the first African woman, and environmentalist, to win a Nobel Peace Prize.